

Family Restructuring Therapy:

A Model for Parent Conflict Intervention
With Separated/Divorced Families
(Including Never-married) Families

A Training Workshop for Psychologists

Working With "High Conflict" Separated and Divorced Families.



Dates/Locations: **Edmonton, Lister Hall, U of A, Jan 29, 2018 9am to 4 pm**



Instructors: Stephen Carter, Ph.D. & James Bateman, M.A., Registered Psychologists

Dr. Carter is the author of "*Family Restructuring Therapy*" (2011) published by the High Conflict Institute.

Family Restructuring Therapy is:

- an active, directive process that assists families in conflict to modify maladaptive interactions.
- effective in teaching parents to co-parent, in re-uniting parents with "alienated" children, and in developing concrete, practical parenting plans.
- future oriented and action focussed.
- often court-ordered or for court related issues.

The therapist must:

- be able to engage and lead the family while being firmly in control of the emotionally driven and conflicted family system.
- prevent escalation of the conflict and shift the focus from the entrenched positions of the parents to the underlying needs of each member of the family, with primary consideration being given to the child or children.
- be able to prescribe and teach functional skills, behaviours, and relationship transactions to meet individual needs within the framework of the restructured family system.

Workshop Objectives:

- To identify the characteristics of a high conflict divorce.
- To understand the evolution and dynamics of high conflict families.
- To apply principles of the Code of Ethics (CAP) and Code of Conduct (CPA) to work with high conflict families.
- To learn the theory of Family Restructuring Therapy.
- To compare the Court of Queen's Bench "Practice Note 7" to Family Restructuring Therapy.
- To understand the components of, and necessity of, a retainer agreement for Family Restructuring Therapy.
- To become aware of the various applications of Family Restructuring Therapy: developing a parenting plan, working with alienated/estranged children, single therapist and therapeutic team interventions.
- To view an example of Family Restructuring Therapy related to high conflict parents.
- To examine the components of a parenting plan and the developmental needs of children.
- To review the components of Family Restructuring Therapy related to boundaries and self-care.
- To practice working with the model of Family Restructuring Therapy

Audience:

This workshop is targeted at Registered Psychologists, Clinical Social Worker, Mediators and Parenting Coordinators. It could also be of interest to graduate psychology/social work students and law students, Provisional Psychologists, Lawyers and Judges.

To Register - go to afccalberta.org or contact Doug at 403-785-5565 or afccalberta@gmail.com

Registration cost if registered by Jan 5, 2018 - Members \$250 non-Members \$300

After Jan 5, 2018 - Members \$300 non-Members \$350